

**MONDAY MORNING Meeting MINUTES**  
**December 30, 2019**

Pledged Allegiance to US Flag at 9:02am; Sang Star Spangled Banner AND O Canada, led by Paul Barcenas and accompanied by Jeanne Leach.

Delores Simpson gave wellness report:

- Al Stemple passed away December 23, 2019. Gail Stemple will remain at Brook Ridge Gardens.
- Marge Johnson continues to improve slowly from back surgery and received a shot in her shoulder for pain.
- Wayne Campbell will be having an epidural on Tues. Dec. 31, 2019 to burn some nerve endings for pain relief.
- Chuck Strandberg gave us quite a scare at the joint dinner leftovers on December 26 when he collapsed and was taken by ambulance to hospital. It was caused by his new med changes and dehydration. He came home later that same night and is now doing well.
- Dan Goffrier went by ambulance on 12/24 with a stroke on his right side. It was detected early and he came home 12/27 Friday with no rehab. He is doing well.
- Peggy Lawrence has breast cancer which was caught early. She is taking chemo pills and radiation will follow. Peggy will also have a bone scan check and take lots of vitamins to build them up.
- Ken Childs is having an MRI today to determine when he will receive a shunt put in to relieve fluid on his brain. Surgery date will be set after MRI.

Dolores also reminded residents to update their Vial of Life information, and to call a 1st responder to the scene before calling the ambulance. First responders' names and phone numbers are listed on our check-in packets that we receive when we arrive at the TIP for the season.

Jennifer Kirkland is taking blood pressures today. Other volunteers are needed for BP checks. Thanks, Jennifer!

TIP O TEXAS bible study will begin on Tuesday, January 7th, 2020 in the arts and crafts room. The study will be led by Donna Williams and is titled The Armor of God.

From Manager Al Septrion, TIP O TEXAS has 500 residents registered on 305 sites and welcomed back returning and new Winter Texans.

CHILI COOK-OFF will happen on Friday, January 10th, 2020, 4pm. We have nine participants so far, including activities director Barry.

Sue Anderson encouraged all swimmers to begin their 25-or 50-mile swim goals for the season. It only takes one lap at a time. Keep Moving! Mermaid practice begins Thursday, January 2, 2020 at 4pm. Practices are for the performance at the St. Patrick's Day Extravaganza!

Guest speaker representing SKY MED announced a luncheon of lasagna and salad at noon on Monday, January 6th, 2020. Sign up is necessary. Sky Med information will follow. Also Sky Med is sponsoring two cruises: The Panama Canal in April and To Asia next December.

Chuck Stromberg announced the Village Chapel will host a Gospel Quartet during the 9am service this Sunday, January 5, 2020.

Sunday night music jams begin each week in the main hall at 6:30pm.

Bird Walk: on Saturday, January 4, 2020, Nancy Schmitz and husband John are going to Santa Ana Wild Life Refuge for a four-hour walk, but you don't have to stay that long. Meet at the flag pole at 7:45am.

Sewing room notes: Thursday January 2nd is Sewing for Children from 9am to 3pm. There will be a Midi Bag Class on January 6th and 13th. Learn how to sew one! Sewing Room Luncheon will be held on January 8th, 2020. Meeting at noon. Luncheon will follow. Sign-up sheets are in sewing room.

Thank you to Don Malo who made ironing boards for the sewing room.

Marilyn Bullington gave Saturday Jan.18 as the next craft show date. New crafters are all ready signed up. Cost is \$6 per table. Dough nuts and luncheon will also be served.

Horse Collar on Fri., 12/27 had 53 players. Marilyn's goal is 100 so come on out!

Chair volleyball is held every Saturday in main hall at 3pm.

John and Karen Cowley are holding the 50th anniversary celebration to honor all couples celebrating 50 years of marriage this year. It will be held on February 16, 2020.

John Cowley is also sharing information on the Keto diet program on Mondays from 12-2pm. He and Karen have both lost many pounds following the Keto plan.

Every Wednesday 65/99 is played in the AC room at 6:30pm.

Every Wednesday and Saturday Social Security is played in the Barnes bldg. at 6pm

Bowling is played every Friday at the bowling lanes at 1pm.

Ice Cream social is served in main hall at 2pm.

Card Elimination is played at 2pm in the main hall on Sundays. Bring your coins.

Fast Track is played on Sunday evenings in the AC room.

Wednesday, February 4th residents from Wisconsin are hosting their annual luncheon.

Tomorrow's New Year's Eve Party 12/31 features dancing to Steven May. Alice is still selling tickets for \$15. It begins at 8pm.

Golden Age Olympics begins in next Monday 1/6/20 and runs for eight weeks. First competitions include 8 ball singles, bean bag toss, and shuffleboard singles. First sport sign-up is \$7, then \$5 for each event after that. Must enroll one week prior to the event. Registration is at three community centers listed in bulletin in back of hall. Softball is will not be played by Tip O Texas, but, if interested, Tropic Star is forming a team. TOT may also have a Darts team for the first time!

BUS TRIP: On Thursday, January 2nd, 2020, the trip includes lunch at Pirates Landing, then pirate entertainment prior to boarding the Black Dragon Pirate Ship for a fun ride. The cost is \$25. Sign-up at the activities center.

Kitchen Band rehearsal is Tuesday 12/31/19 at 2pm in the AC room-rehearsal only.

Tony Chos is still selling tickets for the Texas A&M Singing Cadets, which will be held on January 9th, 2020 at 7pm. Doors open at 6pm. The cost is \$10.

Woodshop 50/50 drawing consisted of \$62.00

Bob McDougall passed out free raffle tickets to all meeting attendees. Gift certificates were donated by Chuy's Car Wash, Tejas Mexican food, Big Daddy's + Alejandro's, two Vipers tickets, Peter Piper Pizza + RV service, Brick Fire Pizza, Body Massage by Lucy, Lone Star BBQ, and UT Cosmetology, hair cut or manicure or pedicure.

Today 12/30 from 4pm until 5:30pm Happy Hour music will be provided by Steven May in the Main Hall. Beginning in January every Monday, music will be provided by Steven May, 4pm to 5:30pm.

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Pam's Notes

Good Tuesday Morning, the last for 2019,

Can you believe tonight we will ring in the New Year? They say time flies the older we get. Well, this year has speed by like to the speed of light for me. This is the time we need to look back and reflect on our Blessings.

Several Tipsters traveled across the border to Progreso, Mexico on Christmas morning to provide Christmas to over 1500 children. Children received Christmas presents of toys, crayons, pencils and paper, food for their family, candy, fruit, and more. Santa was there to listen to their wishes. The day was humbling and made one appreciate all that we have. Every day we have is a Blessing from God!



So closing with a Wish for a Very Happy New Year to All Ya'll. Pam